



FOR IMMEDIATE RELEASE

Press Contact:

Beth Murray, bmurray@groupsjr.com, tel: 646.495.9723

Oakcliff Sailing Center hosts Dave Perry to lead clinic on Match Racing, Saturday, March 13

Oyster Bay, NY (March 3, 2010) – Oakcliff Sailing Center’s Spring Match Racing Division will kick off its season with a full day of match racing instruction, video, and story-telling. The seminar will be led by Dave Perry, the highest ranked US match racer and very entertaining speaker. Dave is currently the coach for the US Sailing Team Alphagraphics women match racers, winners of the Gold Medal at the recent 2010 Miami Olympic Classes Regatta (MOCR). Joining Perry will be other experts, including Debbie Capozzi, Olympian from Long Island and member of the Gold Medal winning team at the 2010 MOCR.

The on-land seminar, which runs from 10:00am-5:00pm at the Oakcliff Sailing Center in Oyster Bay, NY, will cover: how match racing works, some of the rules you need to know, classic tactical moves you won’t see in fleet racing, how match racing skills translate to fleet racing, what the crew needs to know and be ready to do, and tips on being a good match racing crew. The seminar will also describe how to get involved in Oakcliff’s match racing program. Participants in the seminar will get priority when teams are filled later this spring.

“The mission of the Oakcliff Sailing Center is to raise the level of sailors and sailing in the United States,” said Perry. “Our clinics provide a tremendous opportunity to all area sailors to come and take part.” Oyster Bay’s waters will be filled with sails as the Center offers clinics and regattas for match racers, coaching for individuals and teams, and team building opportunities for companies and other organizations.

The March 13 kick-off seminar will be followed by an all day on-the-water training session run by Perry in Oakcliff’s Shields on Friday, April 16, which is a lead-up to the US Match Racing Championship ABC Quarterfinals event that weekend. On May 5-8, some of the best in the sport will be training in Oakcliff’s Swedish Match 40’s and will be looking for crew from area sailors.

In addition to these special events, match racing in the Shields and Swedish Match 40’s will occur on Tuesday evenings and Saturdays throughout the season. Additional regattas and clinics will be held over the summer and fall sailing season.

To sign up for March 13 or one of the clinics or find out more about the Oakcliff Sailing Center’s Match Racing Division, please email race@oakcliffsailing.org, or call 516.802.0368; or go online to www.oakcliffsailing.org.

Match Racing Fills Oakcliff Sailing Center's Schedule! Kick-off Event: Saturday, March 13!

Oakcliff Sailing Center's Spring Match Racing Division is open for business. An on-land match racing seminar March 13th, an on-the-water coaching session on April 16th and an intensive four-day Match Racing Clinic May 5-8 will launch sailors into their summer season.

The mission of the Oakcliff Sailing Center is to raise the level of sailors and sailing in the United States. Oyster Bay's waters will be filled with sails as the Center offers clinics and regattas for match racers, coaching for individuals and teams, and team building opportunities for companies and other organizations.

The spring clinic schedule is designed to kick-start the Match Racing Division at Oakcliff Sailing Center. Throughout the season, Shields and Swedish Match 40s will be used for match racing drills on Tuesday evening and a series of races on Saturdays. Additional regattas and clinics will be held over the summer and fall sailing season. All area sailors are welcomed to come and sail at Oakcliff!

To sign up for one of the clinics or find out more about the Oakcliff Sailing Center's Match Racing Division, please email race@oakcliffsailing.org, or call 516 802 0368; or check us out at <http://www.oakcliffsailing.org>.

Saturday, March 13: This will be an educational and entertaining day full of match racing instruction, video, and story-telling. The seminar will be led by Dave Perry, the highest ranked US match racer and very entertaining speaker. Dave is currently the coach for the US Sailing Team Alphagraphics women match racers, winners of the Gold Medal at the recent 2010 Miami Olympic Classes Regatta (MOCR). Joining Perry will be other experts, including Debbie Capozzi, Olympian from Long Island and member of the Gold Medal winning team at the 2010 MOCR.

Topics covered will be

- How match racing works
- Some of the rules you need to know
- Classic tactical moves you won't see in fleet racing
- How match racing skills translate to fleet racing
- What the crew needs to know and be ready to do
- Tips on being a good match racing crew
- How to get involved in the Oakcliff Sailing Center match race program (participants will get priority when teams are formed later in the spring)

Come learn more about the 2010 plans for the Oakcliff Sailing Center Match Race Division. Discover how to be a part of advancing match racing in the U.S and giving area sailors the opportunity to become the best match racers they can be.

Participants in the March 13 seminar will get preference when teams are formed for match racing in the spring.

This seminar will be on land, at the Oakcliff Sailing Center, 2 South Street in Oyster Bay. It will run from 10:00 to 5:00. The cost is \$30 at the door. Snacks will be provided. Lunch is bring your own.

To sign up, email: race@oakcliffsailing.org or call: 516 802 0368; or online at: www.oakcliffsailing.org.

Friday, April 16: Dave Perry will hit the water and keep the action moving as he coaches regional sailors and competitors who want to get a leg up on the competition before the Area ABC Quarter-finals commence on Saturday the 17th.

Seminar will feature on-the-water training in the same Shields being raced in the ABC Quarter-finals

Dave's coaching will include video replay and debriefs, with ample individual and team feedback.

The coaching session will start and finish at Oakcliff Sailing center and runs from 9am through 6pm. Bring your own lunch.

The coaching fee is \$65.

Priority will be given to teams racing in the ABC Quarter-finals, then other teams, then individuals

To sign up, email: race@oakcliffsailing.org or call: 516 802 0368; or online at: www.oakcliffsailing.org.

Wednesday, May 5 through Saturday May 8: Six Swedish Match 40's, the boat designed for the World Match Racing Tour, provide the perfect platform for an intensive match racing clinic run by Dave Perry. This session is designed for experienced match racers from the area and from around the US.

Area sailors are welcomed to come crew. Regular participants in the Oakcliff match racing program will have priority to be integrated into teams as crew or observers.

Instruction and training will be quite advanced, and will include classroom sessions, video replay and analysis, on-board live coaching while training and racing, and drill work utilizing many of the advanced match racing drills used by the US Sailing Team Alphagraphics.

Schedule (basically 9am – 7pm daily, Wed-Friday; 9am – 5pm Saturday)

Fee is \$500 to be skipper, and \$100 to be crew.

To sign up, email: race@oakcliffsailing.org or call: 516 802 0368; or online at: www.oakcliffsailing.org.

Oakcliff Sailing Center is located at 2-4 South Street, Oyster Bay, NY, a short ride from either JFK or LaGuardia airports and directly accessible from Manhattan via the Long Island Railroad.