

## **Carisa Harris Adamson**

Carisa Harris Adamson was a two-time NCAA Women's All-American and National Champion at Tufts University and fifth place at the 1996 US Olympic Sailing Trials. She was named to the US Sailing Team four times in the Europe Dinghy and 470 classes.

She previously managed and coached one of the top Youth Programs in the Bay Area; her team won the 1998 Singlehanded US Youth Championship. She has a Master's Degrees of Physical Therapy from UC San Francisco and a PhD in Environmental Health Sciences from UC Berkeley.

Dr. Harris is currently an Associate Professor at the University of California in San Francisco in the Department of Medicine and at the University of California at Berkeley in the School of Public Health. She is Deputy Director of the Northern California Center of Occupational and Environmental Health and Director of the UC Ergonomics Research & Graduate Training Program.

Dr. Harris and her team performs research in a variety of areas focused on understanding and preventing work related injuries and improving human performance, productivity and health. Additionally, her team is developing a variety of exposure assessment devices (wearables) for primary and secondary prevention purposes and performs various intervention studies on occupational tasks with high risk of musculoskeletal injuries.

She is one of the founders of Treasure Island Sailing Center, has served as Chair of the Board of Directors since 2000, and pursues her passion about equal access and opportunity for all who want to sail.