



# Q3 Update October 2025

We hope you have had a great summer. It has been a very busy three months for the A1R family, and we're still hard it. We hope you enjoy this brief update as much as we've enjoyed watching our A1R athletes perform on the world stage.

## **Foiling Pipeline Update**

The Foiling Pipeline continues to accelerate with expanded domestic training camps, new athlete-identification initiatives, and stronger collaborations across classes. This summer featured multiple international campaigns — including the Wingfoil Worlds in Italy, WASZP Games in England, and Moth Worlds in Italy — alongside key domestic events such as the Long Beach Olympic Classes Regatta (OCR) and the recent Pensacola Foiling Camp.

Annual Foiling Camp – Pensacola, FL

America One Racing wrapped up another successful edition of its Foiling Pipeline Annual Foiling Camp, graciously hosted by Pensacola Yacht Club. The camp brought together the nation's top foiling athletes across the Formula Wingfoil, iQFOiL, WASZP, X15, and the new Switch class.



The camp's multi-focus format reflected the next phase of A1R's integrated development system:

- **Continuity:** advancing a domestic calendar of camps and events that anchors athlete progression across classes.
- **Sport Science:** expanding on July's Long Beach Sport Science Camp with new physiological testing and recovery strategies led by Ryan West (A1R Sport Science,).
- **Technology & Analytics:** pushing boundaries through coordinated modeling (Quantum Racing), boat telemetry (ChartedSails), and data analytics (Rosenberg Analytics).

Athletes also benefited from expert coaching sessions featuring James Lyne (Quantum Racing) on *The Champion's Mindset*, <u>Megan Foley</u> (A1R / Fuelin Nutritionist) on *Performance Through Nutrition*, and dynamic fitness sessions led by Olympic Champion and A1R Board Member <u>Anna Tunnicliffe Tobias</u>.

"Our Pensacola camp represents another step forward in uniting science, elite coaching, and innovation into a single, athlete-centric system," said **Leandro Spina**, A1R Executive Director. "Every camp sharpens our edge and strengthens the foundation for sustained success."

Enhanced by collaboration with Quantum Racing and American Magic, the camp underscores A1R's commitment to continuous improvement and innovation in training design.

Next up: A1R will return to Pensacola for the next Foiling Pipeline Camp, November 22–25, as preparations intensify toward the WASZP Worlds scheduled in March 2026 and the launch of new 2026 initiatives.

## **Highlights & Results**

WASZP Games – Weymouth, UK

- Pearl Lattanzi 1st Women's WASZP Games & Women's Sprint Champion
- Gavin Ball 5th overall, 1st in Core Age Group (21–29)

Wingfoil World Championships – Cagliari, Italy

- Sean Herbert (NZL) Bronze Medal (A1R training partner)
- JP Lattanzi (HI) 12th overall
- Kai Mirel (CA) 19th overall, Gold Fleet debut



While A1R is pleased with these results, there is more work to do as it continues building the U.S. Wingfoil pathway in collaboration with **F4 Foils.** We are working in tandem with their leadership team by conducting advanced testing, tuning, and youth development in preparation for the next World Cup in Brazil.

Additional Stand-Out Foiling Performances in Q3 2025

- Pearl Lattanzi 2nd (Women) at Foiling Week, Garda
- Hoel Menard 8th overall at Foiling Week; 3rd at French Nationals
- Bryce Huntoon & Charlie Parsons multiple podiums on the Nastro Rosa Tour, refining tactical and technical execution
- Gavin Ball 1st at WASZP Americas Championship
- Thomas Sitzmann 2<sup>nd</sup> at Waszp North American Championship

This past July, over one hundred sailors competed in the Moth World Championships conducted on Lake Garda, Italy. It was among one of the most competitive Moth fleets ever assembled — featuring Olympians, SailGP and America's Cup athletes, and past champions — A1R-supported sailors Riley Gibbs (6th), Ben Rosenberg (8th), and Brad Funk (10th) performed commendably while demonstrating exceptional focus, consistency, and progress as part of A1R's structured domestic training program.





## **Project Podium**

All systems are operating effectively to continue optimizing the program. While the results have been encouraging thus far, our primary focus remains on continued skill development, combined with building competitive metal and physical strength. With a solid foundation in place, the objective is to then raise athletic performance through process and stepped planning. All A1R athletes and coaches are committed to the evolutionary process required to go from having 'medal potential' to being a 'medal contender' by 2028.

#### Olympic-Class World Championships—Cagliari, Italy

A1R's Formula Kite, 49er, and 49erFX teams concluded their 2025 European campaigns, marking the end of Year One of the Olympic quadrennium. While the results were less than our teams had hoped for, they all demonstrated world class speed and boat handling. It is important to acknowledge each team's individual strengths, while using their challenges as learning opportunities.

Key takeaways: improved big fleet starts, refined boat handling, and stronger tactical execution.

"World-class performance is not a straight line," said **Charlie McKee**, A1R Head Coach and two-time Olympic medalist. "Each event tests not only skill, but resilience—the foundation of champions."

#### **Long Beach Olymoic Class Regatta**

- 49er: Nevin Snow / Ian MacDiarmid 1st
- 49erFX: Paris Henken / Helena Scutt 2nd
- Formula Kite Men: Noah Runciman 7th
- ILCA 6: Charlotte Rose 10th

This first Olympic-venue test event set the tone for the 2028 campaign on home waters.

#### Junior Pan American Games – Paraguay

- Makani Andrews Gold (Men's iQFOiL), earning automatic qualification for the 2027
   Pan Am Games
- Danika Sailor Bronze (Women's iQFOiL)



### **Sport Science Program**

A1R held its first Sport Science Camp at Alamitos Bay YC, in partnership with the Red Bull High Performance Center, featuring:

- Comprehensive physical testing, mobility profiling, and performance monitoring
- Nutrition, recovery, and anti-doping education by Ryan West, Megan Foley, and <u>Baden</u> Cashmore
- Integration of on-water telemetry and analytics

"We have built something really special," said **Nick Thompson**, two-time World Champion and A1R Coach. "The culture, science, and trust we're creating are truly world-class."

## **Operational Efficiency**

At this point, with most of our major expenses of 2025 behind us, we are on budget. We have left no stone unturned in the support of all A1R athletes, and our goal is to ramp the program up further in 2026.

A1R delivers a high-level of support to athletes by leveraging a collaborative model where coaches are actively involved in operational execution. This integrated approach allows us to align performance delivery with cost control, maintaining high attention to detail while efficiently managing our expenses. A1R and the Sailing Foundation of New York have built an effective, yet simple and auditable cost reimbursement system for athlete campaign expenses. Project Podium athletes are highly appreciative of the opportunity to compete as funded professional athletes, placing them on a relatively level playing field as compared to their competitors from other successful sailing nations

#### **Partners**

We want to take a moment to acknowledge the trust and confidence that **St. Francis Sailing Foundation** has placed in **A1R**. We are deeply honored to have their support as they join the Sailing Foundation of New York, American Magic/Quantum Racing, and the Schoonmaker Foundation in providing seven-figure financial support of our athletes over the next four years.



To all our individual donors, we thank you for all you have done on behalf of our programs. We appreciate the faith that you have placed in A1R, and we ask you to please keep our athletes in mind as you plan your end-of-year giving.

## **Looking Ahead**

As the end of 2025 nears, with the international competitions behind us, now is time for debriefs, reflection, planning and domestic training. Our coaching staff is analyzing athlete performances on the water versus their goals and objectives. We will have our all-Team camp in Pensacola December 2-7. This camp will provide our athletes with the opportunity to regroup and once again focus on the basics - technique, physical strength and mental health.

Thanks to your support and passion for success in the USA, A1R and its partners are providing much needed coaching, leadership and guidance to the future stars of sailing in the USA. We are very proud of the A1R Team and their progress to date!

The A1R Team Go4Gold@americaoneracing.us



**Schoonmaker Foundation** 









